



## WOMEN IN LEADERSHIP

**10-17 SEPTEMBER 2016:  
8 DAYS OF PROFESSIONAL DEVELOPMENT  
WITH OUTWARD BOUND**

---

Research has proven that men and women are equally capable of effective leadership but take a different approach to promoting and maximising their unique strengths and talents.

This high impact professional development programme will enable emerging and established female leaders to increase their awareness of who they are, what they value and how they can extend their impact within organisations.

As with other Outward Bound business courses, your learning won't take place in front of a whiteboard. You'll be exploring the bush, waterways and seas of the Marlborough Sounds - an ideal location as a catalyst for learning and development.

### PROGRAMME OUTCOMES

**Here's what your experienced facilitator will help you to take away from the programme:**

- Increased personal courage and confidence
- Increased self-awareness, an understanding of your own perceived limitations and learning strategies to break through these perceptions
- A strong understanding of your core strengths whilst learning how to use them as leaders
- An opportunity to discuss and practise new ways of acting and thinking in a safe and supportive environment
- A stronger sense of individual leadership brand.

### HOW DOES OUTWARD BOUND WORK?

At Outward Bound we use a process called experiential learning - learning by doing. It's one of the best ways to ensure your development is applied to your working life.

In other words, you might be leading your team on a 3 day sailing challenge or heading up the navigation on an overnight tramp. You'll feel a genuine sense of responsibility over some high pressure situations. Your facilitator will then work with you to review the experience and transfer your learning back to the workplace.

### WHO IS THE PROGRAMME SUITABLE FOR?

- Designed for women who are aspiring or current managers within their business
- Aged 20+
- Suitable for those in any industry; private, public or charitable sector.

**TO REGISTER OR FIND OUT  
MORE CONTACT:**

**JAYDE MEECH ON  
021 243 2381 OR EMAIL  
JMEECH@OUTWARDBOUND.CO.NZ**